

modalities & techniques

- DRY/ COLD APPLICATION
- CRYOTHERAPY
- ULTRASOUND
- HIGH/LOW VOLTAGE E-STIM
- INTERFERENTIAL E-STIM
- ANODYNE
- LASER/LIGHT THERAPY
- TRACTION
- T.E.N.S
- MANUAL THERAPY
- JOINT MOBILIZATION
- MASSAGE
- MYOFASCIAL RELEASE
- BALANCE/ COORDINATION
- MUSCLE RE-EDUCATION
- GAIT TRAINING
- ENDURANCE TRAINING
- MC-KENZIE TECHNIQUE
- ATM-SYSTEM
- BIOFEEDBACK
- KINESIO TAPING METHOD
- ORTHOTIC AND SPLINTING

APPOINTMENTS

NEW PATIENTS WILL BE ACCOMMODATED WITHIN 24 HOURS. WE OFFER EARLY MORNING, EVENING AND WEEKEND HOURS.

P CONVENIENT PARKING IS AVAILABLE.

WE ACCEPT MEDICARE
MEDICAID AND MOST
PRIVATE INSURANCES



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Life without limitations...



Progressive
Therapeutics
Pain Management & Rehabilitation



Recover your quality of life...

RECOVER YOUR QUALITY OF LIFE

PROGRESSIVE THERAPEUTICS IS A PRIVATELY OWNED PHYSICAL THERAPY PRACTICE SPECIALIZING IN ORTHOPEDIC MANUAL THERAPY, SPINE REHABILITATION, SPORTS MEDICINE, PAIN MANAGEMENT AND REHABILITATION. OUR HIGHLY SKILLED AND CARING STAFF ARE EXPERTS IN THEIR FIELD, PROVIDING A HANDS-ON APPROACH TO REHABILITATION. WE UTILIZE EVIDENCE-BASED NON-INVASIVE APPROACHES, ADVANCED TECHNOLOGY, EXCEPTIONAL STATE-OF-THE-ART TECHNIQUES, AND THE MOST PROGRESSIVE TREATMENT OPTIONS TO ENSURE QUALITY AND BEST POSSIBLE RECOVERY.

Life without pain...

PRACTICE FOCUS

FULL SPECTRUM HANDS-ON TREATMENTS, ADVANCED MOTION PRESERVATION TECHNIQUES AND EVIDENCE BASED MEDICINE FOR THE NECK, BACK, SHOULDERS, KNEES, FEET AND ANKLES. HERE IS A PARTIAL LIST OF CONDITIONS WE TREAT:

Neck and Back Rehabilitation

- HERNIATED DISC
- SPONDYLOLISTHESIS
- SCOLIOSIS
- LAMINECTOMY
- WHIPLASH
- HEADACHES/ MIGRAINES
- SPRAIN/STRAIN
- SCIATICA
- SPINAL FUSION
- SPINAL STENOSIS
- SACROILIAC DYSFUNCTION
- LOW BACK PAIN

Knee Rehabilitation

- SPRAIN/ STRAIN
- PATELLOFEMORAL SYNDROME
- ACL INJURY/ RECONSTRUCTION
- MENISCUS TEAR/REPAIR
- TENDONITIS
- LIGAMENTS INJURY
- KNEE JOINT REPLACEMENT

Shoulder Rehabilitation

- FRACTURE
- DISLOCATION
- ROTATOR CUFF TEAR
- IMPINGEMENT
- FROZEN SHOULDER
- PRE/POST OPERATIVE TREATMENT

Elbow and Wrist Rehabilitation

- CARPAL TUNNEL SYNDROME
- TENNIS ELBOW
- GOLFERS ELBOW
- FRACTURES

Hip Rehabilitation

- JOINT REPLACEMENT
- PIRIFORMIS SYNDROME
- BURSITIS
- POST OPERATIVE
- FRACTURE

Ankle and Foot Rehabilitation

- SPRAIN/ STRAIN
- PLANTAR FASCIITIS
- POST OPERATIVE

Balance and Vestibular Disorders

- FALL PREVENTION
- BALANCE DISORDERS
- VESTIBULAR REHABILITATION
- DIZZINESS

Other Services

- NEUROPATHY REHABILITATION
- FIBROMYALGIA REHABILITATION
- RESTLESS LEG SYNDROME
- ARTHRITIS
- TMJ
- ONCOLOGY REHABILITATION
- CARDIAC REHABILITATION
- INDUSTRIAL REHABILITATION
- ERGONOMICS/WORK CONDITIONING